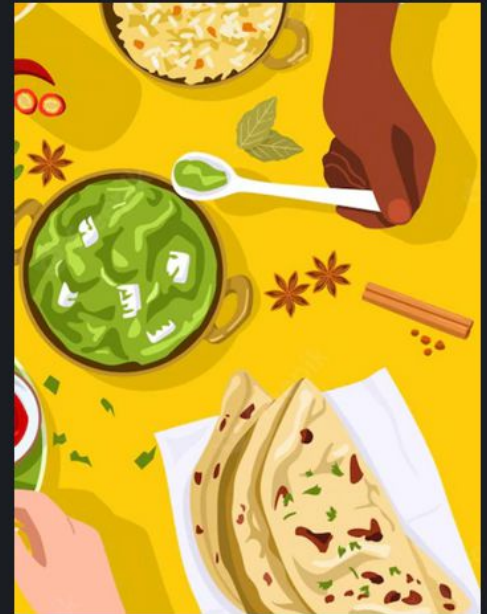




FAIRTRADE
WATFORD AND
THREE RIVERS



Fairtrade Dinner



West Herts College Restaurant
Hempstead Road, Watford, WD17 3EZ



7th MARCH '23
Tuesday @6.15PM



£ 18.00 only

DINNER MENU

Starters

Forest Mushroom Soup (v, gf)

A creamy curry flavoured soup finished with cream and toasted hazelnuts

Quinoa Salad

with smoked breast of duck

Chef's Main Course

Ginger and Soy Glazed Salmon

With Oriental rice and fine beans

Butternut Squash and Lentil Curry (vg, gf)

With Steamed Rice and yoghurt

Desserts

Rice pudding (gf, v)

With pineapple compote

Chocolate Brownie (v)

With coffee caramelised banana and ice cream